

TALK OF AGES TEACHING BRIEF

Dementia Twenty-Four Seven

The Dementia Twenty-Four Seven simulation curriculum was developed by the Oklahoma Geriatric Education Center (OkGEC) which is part of the Donald W. Reynolds Department of Geriatric Medicine at the University of Oklahoma Health Sciences Center. The curriculum is available as a portable training kit.

For ordering information visit www.ouhsc.edu/okgec or, contact Jeanene Lindsey at (405) 271-8558 Ext. 30442.

Learning Objectives

- 1) Describe some of the challenges experienced by persons living with dementia.
- 2) Use newly developed empathy in the care of persons living with dementia.

Health professionals can reach a deeper level of understanding regarding persons living with dementia by spending some time “walking in their shoes.” Dementia Twenty-Four Seven’s simulation activities mimic what it’s like to feel confused, frustrated, isolated, and much more. Students gain compassion and empathy while they participate in the activities and share their newfound understanding with other participants.

Dementia Twenty-Four Seven’s curriculum comes complete with everything needed to train students, staff or community caregivers. Its simulation activities create a fun, engaging and memorable learning experience. Participants expand their understanding of challenges faced by persons living with cognitive impairment and learn more positive approaches to care. Activities are divided into five learning stations which include:

- 1) The Day Begins: Confusion and Frustration
- 2) A Visit to the Doctor: Stigma and Isolation
- 3) A Family Gathering: Communication and Language
- 4) Losing Myself: Memory Loss and Forgetfulness
- 5) Losing Control: Dependency and Despair

The Dementia Twenty-Four Seven curriculum comes in a complete training kit that includes:

- A Facilitators Manual with lesson plans, learning objectives, and evaluation forms.
- All supplies for five learning stations.