

# Fitness Management

## 4-YEAR PLAN

This example four-year plan is provided as a broad framework that you can follow in order to complete your degree within four years. Be sure to always consult your academic advisor before registering for classes.

<b>Y1</b>	<b>MATH106</b> Algebraic Operations	3 •
	<b>BIO205</b> Anatomy & Physiology 1	4 •
	<b>WRT101</b> Writing I	3 •
	<b>FYS103/HON101</b> First Year Seminar/ Honors Colloquium	3 •
	<b>BUSS101</b> Fundamentals of Business	3 •
	<b>BIO206</b> Anatomy & Physiology 2	• 4
	<b>EXSC103</b> Ess. Skills & Tech for Exc Sci & Sport Prof.	• 3
	<b>WRT102</b> Writing II	• 3
	<b>SOC103</b> Equity and Intersectionality (KP)	• 3
	<b>COM103</b> Human Communication	• 3
<b>Y2</b>	<b>EXSC106</b> Functional Anat & Resistance Training	3 •
	Science Course (KP)	3 •
	<b>ECON101</b> Principles of Micro Economics	3 •
	<b>HIST104</b> World Civ 2 (KP)	3 •
	<b>BUSS224</b> Org. Behavior in the Global Workplace	3 •
	<b>EXSC108</b> Group Exercise	• 3
	Aesthetics Course (KP)	• 3
	<b>EXSC211</b> Principles of Personal Training	• 3
	<b>MDSC203</b> Multidisciplinary Experience	• 3
	<b>BUSS220</b> Marketing	• 3
<b>Y3</b>	<b>EXSC209</b> Performance Nutrition	3 •
	<b>EXSC302</b> Exercise Physiology	4 •
	<b>PHIL302</b> Ethics	3 •
	<b>BUSS201</b> Financial Accounting	4 •
	<b>BUSS205</b> Business Law	• 3
	<b>MATH208</b> Statistics	• 3
	<b>EXSC410</b> Internship/Field Experience	• 3
	<b>PSYC101</b> Psyc Perspectives	• 3
	Elective or Minor Course	• 3
	<b>Y4</b>	<b>EXSC405</b> Organization of Health & Sports Facilities
<b>EXSC340</b> Research Concepts		3 •
<b>HEM205</b> Private Club Management		3 •
<b>BUSS231</b> Entrepren and Venture Creation		3 •
Elective or Minor course		3 •
<b>BUSS336</b> Human Resource Management		• 3
<b>EXSC430</b> Exercise Science Capstone		• 3
<b>BUSS323</b> Global Operations Strategies		• 3
<b>PSYCXXX</b> Psyc Elective		• 3
Elective or Minor course		• 3

TOTAL CREDITS: 121