

SAMPLE LETTER

[EVERY STUDENT NEW TO LASELL WILL RECEIVE A SIMILAR LETTER APPROXIMATELY 7 WEEKS BEFORE THE START OF CLASSES IN ANY GIVEN SEMESTER.]

Dear New Student,

Congratulations on becoming a part of the Lasell University community! We are delighted that you will be joining us here! Lasell University is deeply committed to the health, welfare, and ultimate success and happiness of all members of our University community.

As part of our comprehensive prevention efforts, all new students are required to complete two one-hour online courses: **AlcoholEdu® for College** and **Sexual Assault Prevention for Undergraduates**. These courses are required of students attending universities which are eligible for federal funding, and were developed using best practices by EverFi.

Whether or not you abstain from alcohol, it is most likely that it has some influence on your life or on the lives of your family and friends. We have chosen **AlcoholEdu® for College**, in particular, because it is a thoughtful and educational program for young adults committed to thinking about their life choices. This course is designed to help you to make well-informed decisions about alcohol, marijuana, and vaping, how to help those in your community, and help you to reflect on and consider issues related to drinking and other use at college.

All new students must also complete **Sexual Assault Prevention for Undergraduates** which is an online course designed to increase your understanding of what constitutes healthy relationships, and to prevent/deter the incidence of sexual assault. The course provides the opportunity to learn about the importance of consent and of being a good communicator, and the many ways you can help to create the safe, positive campus in which you will want to be a member.

As always, your commitment to yourself comes with a shared commitment to the health and welfare of others. Just as you have throughout your life, you will have a special opportunity to impact the lives of your peers in positive and productive ways, and we are committed to helping you do so in any way that we can.

To this end, we ask that every incoming student complete **AlcoholEdu® for College** and **Sexual Assault Prevention for Undergraduates**.

- You may access the course **beginning** [approximately August 1 for Fall or January 1 for Spring]. **You will receive information at your Lasell.edu email address. The email will contain a web link that will allow you to access the courses.**
- You will need to complete **Part 1 of AlcoholEdu** (which takes approximately 1 hour) and **Part 1 of Sexual Assault Prevention** which takes approximately 45 minutes) **before arriving on campus** [whether you first arrive in Fall or Spring semester].
- You will need to receive a score of **75** or higher in order to pass the courses.
- About a month after the semester start, you will receive an automated email asking you to complete **Part 2** of the courses. At this time, you will need to log in again to complete **Part 2** (which takes approximately 15 minutes each).
- **You must complete Part 2 by** [approximately 2 months after the semester start date].
- **NOTE:** It is only after you have finished Part 2 of your assigned courses, that you will be considered as having completed the required trainings. Failure to complete the trainings may result in inability to register for courses for the following semester.

To take the course, you will need a computer with Internet access and audio capabilities. If you do not have access to a computer, you can use any publicly available computer with Internet access.

Please note that the **AlcoholEdu** course includes surveys that offer you feedback on your alcohol-related attitudes and behaviors and the **Sexual Assault Prevention for Undergraduates** course asks about attitudes toward relationships. All survey responses are strictly confidential, as we understand that confidentiality is essential in order to allow students to respond accurately and without reservation. We will be given access to information regarding whether or not you have completed the trainings and if you request us to contact you. Your parent or guardian may also receive information about the importance of your completing the courses.

If you have any questions, please feel free to email the Office of Health Education (well@lasell.edu) or the Counseling Center (counselingcenter@lasell.edu).

Sincerely,

Sharon Harrington-Hope, LMHC, Director of the Counseling Center

Adela Hruby, PhD, MPH, MSMHC, Health Educator and Clinical Counselor, Office of Health Education and Counseling Center