

AlcoholEdu® for Colleges and Sexual Assault Prevention for Undergraduate Students

Lasell University is deeply committed to the health, welfare and ultimate success and happiness of all members of our University community. As part of our comprehensive prevention efforts for new students, Lasell University expects you to complete two online courses: **AlcoholEdu® for Colleges** and **Sexual Assault Prevention for Undergraduate Students**.

Whether or not you abstain from alcohol, it is most likely that it has some influence on your life or on the lives of your family and friends. We have chosen **AlcoholEdu® for Colleges**, because it is a thoughtful and educational online program for young adults. This course is designed to help you make well informed decisions about alcohol, and help you to reflect upon and consider issues related to drinking at college.

Sexual Assault Prevention for Undergraduate Students is an online course designed to increase your understanding of what constitutes healthy relationships, and to prevent/deter the incident of sexual assault. The course provides the opportunity to learn about the importance of consent and of being a good communicator, and the many ways you can help to create the safe, positive campus in which you will want to be a member.

Membership in the Lasell University community comes with a shared commitment to the health and welfare of others. Just as you have throughout your life, you will have a special opportunity to impact the lives of your peers in positive and productive ways, and we want to assist you in any way that we can. This is why Lasell University has partnered with EverFi, an organization whose mission is to help students address critical life skills, such as alcohol abuse prevention and sexual assault prevention. Each year over half a million students complete these courses.

Lasell University requires that **every new student** joining the Lasell community completes AlcoholEdu® and Sexual Assault Prevention for Undergraduate Students before arriving on campus, whether that student arrives for Fall or Spring semester. An invitation email is sent to every new student's Lasell.edu email address approximately 7 weeks before the start of the semester. Approximately 4 weeks before the start of the semester, the courses open, and an automated email from EverFi appears in a student's inbox with instructions on accessing the course.

Questions about these programs may be directed to either:

- Sharon Harrington-Hope, LMHC, Director of the Counseling Center (counselingcenter@lasell.edu)
- Adela Hruby, PhD, MPH, MSMHC, Health Educator and Clinical Counselor, Office of Health Education (well@lasell.edu)