

LASELL COLLEGE

75 Skills You May Have Gained While Studying Abroad

1. Perseverance
2. Flexibility
3. Independence
4. Ability to work in a multicultural group
5. Second (or more) language ability
6. Problem-solving skills
7. Ability to work in a multicultural environment
8. Demonstrate initiative
9. Tolerance for stress
10. Negotiation skills
11. Motivation
12. Cross-cultural sensitivity
13. Time management skills
14. Trip planning skills
15. Accept responsibility for actions
16. Can communicate across barriers
17. Respect for difference and diversity
18. Sense of curiosity
19. Adaptability without judgment
20. Self-reliance
21. Enhanced listening skills
22. Able to establish rapport quickly
23. Ability to cope with difficulty and rejection
24. Clear written and oral communication skills
25. Possess an understanding of a culture's complexity
26. Demonstrate self-confidence/self-knowledge
27. Ability to fit into new groups
28. Creatively solve problems by applying familiar concepts in unfamiliar situations
29. Take personal risks
30. Adaptable to rapidly changing situations
31. Analytical experience
32. Familiarity with local customs
33. Cross-cultural communication
34. Ability to adapt to new surroundings
35. Language proficiency
36. Intercultural competence
37. Research experience
38. Diversity tolerance
39. Assertiveness
40. Knowledge of history and customs
41. Global awareness
42. Global knowledge/what it means to be a global citizen
43. Global perspective
44. Maturity
45. Resourcefulness
46. Exposure to cultural diversity
47. Understanding of different cultural norms
48. Assimilation skills
49. Gain confidence in your interpersonal skills
50. Break-down stereotypes/preconceived ideas
51. High-energy level/enthusiasm
52. Inquisitiveness
53. Self-confidence
54. Understand cultural differences and similarities
55. Learn through listening and observing
56. Function with a high level of ambiguity
57. Take initiative and risks
58. Accept responsibility
59. Communicate despite barriers
60. Learn quickly
61. Handle difficult situations
62. Handle stress
63. Manage/organize
64. Lead others in formal/informal groups
65. Conduct research despite language and cultural differences
66. Ability to tolerate failure
67. Navigate new situations
68. Entrepreneurial skills/risk
69. Capacity to be innovative
70. Ability to cope with feelings of loneliness, isolation or homesickness
71. Sense of humor
72. Willingness to listen and observe
73. Tolerance for differences
74. Taking responsibility for your own safety, health and welfare
75. Ability to be less task and goal-oriented than in the U.S. You may find a generally slower pace of work and life in many world regions

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