**On-Campus Resources:**

Health Education  
617-243-2334

Health Services  
617-243-2451

Counseling Center  
617-243-2451

Student Affairs  
617-243-2124

Campus Police  
617-243-2279

**Off-Campus Resources:**

Newton-Wellesley Hospital  
617-243-6000

Boston Area Rape Crisis Center  
617-492-7273

Planned Parenthood  
617-616-1600

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Health Education Office  
Lasell College

Kate McCarthy  
Health Educator/Clinical Counselor  
Lasell College  
617-243-2334  
kmccarthy@lasell.edu

Tel: 617-243-2334
Peer Health Education

Our Peer Health Educators are Lasell students who help to coordinate, plan, and implement health promotion programs!

Being a Peer Health Educator allows you to...

- **Innovate**: Program events in recognition of special dates, such as: The Great American Smoke Out, Alcohol Awareness Week, Sexual Health Awareness, and many others.

- **Create**: Let your inner artist out. Design, draw, build, and create bulletin boards, posters, web materials, and other health resource materials for distribution on campus.

- **Participate**: Get involved in the campus community. Peer Health Educators also have the unique opportunity to learn public speaking, become leaders and educators, and acquire transferrable skills that will travel with you after you leave the Lasell community.

To request a program for your residence hall, class or organization contact 617-243-2334 or kmccarthy@lasell.edu

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**WHAT DO WE OFFER?**

An integral department within the Office of Student Affairs and the Counseling Center, the Health Education Program at Lasell specializes in health programs and resources for all Lasell students, working to create an awareness of preventive health strategies that can last a lifetime. The mission of the Health Education Program is to educate students about relevant health topics and to create a health-conscious culture within the Lasell community through education, a range of resources, peer networks, and wellness programming.

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**College-wide Wellness Events, Theme Days, and Health Campaigns:**

- Alcohol and Substance use Awareness
- Sexual Assault Awareness
- Healthy Relationships
- Sexual Health
- Safe Spring Break
- Body Image and Positive Self-Esteem
- Mental Health Awareness
- AlcoholEdu and HAVEN

**Programs can be presented in a group setting or individually:**

To request a program for your residence hall, class or organization contact 617-243-2334 or kmccarthy@lasell.edu

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**Peer Health Education**

To Join: email Kate McCarthy @ kmccarthy@lasell.edu